

Youth Minyan

OHHEL SARA NEWSLETTER

SHABBAT Devarim/Tisha B'Av 8—9 AV 5775

Shabbat Schedule

Candlelighting— 8:00 PM

Mincha & Arvit—7:05 PM

Shaharit – 8:45 AM-11:20 AM

Minha – 6:00 PM

FAST BEGINS—8:15 PM

Motzei Shabbat—9:06 PM

Arvit of Tisha B'av - 9:15 PM

Sunday Schedule

Shaharit—

FAST ENDS— 9:05 PM

Joke of The Week

A Catholic, a Protestant, a Muslim and a Jew were discussing business during a dinner.

Catholic: "I have a large fortune... I am going to buy CITIBANK!"

Protestant: "I am very wealthy and will buy GENERAL MOTORS!"

Muslim: "I am a fabulously rich prince... I intend to purchase SABIC*!"

They then all wait for the Jew to speak...

The Jew stirs his coffee, places the spoon neatly on the table, takes a sip of his coffee, looks at them and casually says:

"I'M NOT SELLING!"

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Getting Ready For Tisha B'Av

As the last week of the 3 weeks comes to an end and the mourning customs become much more strict, we hope that G-D will be moved by our sincere feelings longing and mourning for his home, the Beth Hamikdash. In that merit may G-D restore his Great house among us again, Amen!

These are the laws of Tisha B'av for Saturday night and Sunday :

- Make sure to **Change** to weekday clothing and **NONLEATHER** shoes before coming to Shul at 9:15 pm.
- Clothes worn on Saturday night and Sunday must be clothes already worn in the past.
 - Cannot be new or fresh laundered clothes (must have worn for at least 30 minutes)
- No laundry on Saturday or Sunday
- No leather shoes allowed
- Showering is not allowed from the start to the end of the Fast
 - However, soiled part of one's body may be washed
- In morning hands can only be washed until the knuckles
- Buying new clothing or shoes on that day is prohibited
- One may not learn Torah until midday Sunday (1:01 pm) , unless it is related to Tisha b'av
- We sit on floor until Sunday 1:01 pm
- Our CUSTOM is not to work on Tisha b'av (call your local Rabbi for Qns on this matter)
- Meat and Wine are permitted starting Monday night
- Couples must sleep on separate beds
- If one accidentally said a *Beracha* (Blessing) on food, taste a very tiny bit and that's it
- No brushing teeth
- It is our custom to wear Tefillin in the morning and at Minchah
- Make havdallah (only with wine but no candle or spices) on Sunday night before eating

These people do NOT need to fast:

- Sick people (consult with Rabbi)
- Severe hypertension
- Diabetes mellitus patients with a sugar greater than 180
- Arthritic attack
- Mild fever
- Women who are pregnant, breastfeeding, or gave birth within last 30 days

(turn the page)

How Could The Second Temple Be Destroyed?

During the era of the destruction of the 2nd Temple the whole Jewish nation learned Torah daily. All the prophets were asked "Why G-D destroyed his house? If Torah is the biggest Mitzva, it should have protected the nation?" The prophets did not know the answer, until one day G-D said "It is because my children left my Torah" Wait.... But they did learn! If everyone agrees that they were full of Torah, how could G-d accuse them of this? To understand this we need to understand the purpose of learning Torah. G-D's purpose for giving us the Torah was so that we may learn the proper way of living, such as helping others and being kind and patient to all, and actually live that way! This in turn would make us closer to G-D by becoming more like him and allow us to foster our special relationship with him. The problem with the Jews of the 2nd Temple era was that they learned plenty of Torah, but they did not bring it out in their daily lives. In fact, they even used the knowledge that they gained to improve their status in life and obtain better jobs, marriages, or even cheating another Jew in business to get ahead and not get caught. Therefore, they didn't really learn "G-D's Torah," they learned their own Torah, a selfish Torah, a "What's In It for Me Torah." The moral of Tisha b'av (Ninth of Av) is that it is not the quantity of the Torah knowledge that we can store in our minds, it is about the quality of that Torah and how it permeates our lives. It is about us taking that Torah and translating it into kindness, patience and love for all mankind. With this type of Torah study may we come closer to G-D and earn the merit of rebuilding his house speedily in our days, Amen!

Mr. Herman's Torah Bonus!

Mr. Herman owned a clothing store and always made sure to set aside daily Torah learning from 8-9am.

One day 3 Japanese businessman came off a ship and wanted to sell Mr. Herman all their merchandise for a low price of \$10,000. However Mr. Herman kindly explained that his set aside Torah studying was so important that he would not interrupt it even for such a good business opportunity. They didn't wait and instead sold it to his competitor a block away. Mr. Herman was very happy that he kept his daily routine of Torah learning. About 8 hours later the 3 businessman came to him and sadly informed him that his competitor could not come up with the \$10,000 for the merchandise. They told him that their ship would leave in 1 hour and if they don't sell it they'll go back to Japan without making any profit. They said they're willing to even sell it now for \$3000. Mr. Herman was very happy with the price and the huge profit it would bring. He was even more happy that he kept his daily routine Torah study for because of making Torah learning so important, G-d granted him such a huge profit as a bonus.

*****Make sure to make Torah Learning a daily routine.

Weekly Schedule

Art Class (5-8yrs)
Sunday 10-11 AM

Sunday Program (5-13yrs)
11:00 AM-12:30PM

Torah and Me With Rabbi B
Wednesday 8:45 PM-9:45 PM

Parsha In a Nutshell

On the first of Shevat (thirty-seven days before his passing), Moses begins his repetition of the Torah to the assembled children of Israel, reviewing the events that occurred and the laws that were given in the course of their forty-year journey from Egypt to Sinai to the Promised Land, rebuking the people for their failings and iniquities, and enjoining them to keep the Torah and observe its commandments in the land that G-d is giving them as an eternal heritage, into which they shall cross after his death.

Moses recalls his appointment of judges and magistrates to ease his burden of meting out justice to the people and teaching them the word of G-d; the journey from Sinai through the great and fearsome desert; the sending of the spies and the people's subsequent spurning of the Promised Land, so that G-d decreed that the entire generation of the Exodus would die out in the desert. "Also against me," says Moses, "was G-d angry for your sake, saying: You, too, shall not go in there."

Moses also recounts some more recent events: the refusal of the nations of Moab and Ammon to allow the Israelites to pass through their countries; the wars against the Emorite kings Sichon and Og, and the settlement of their lands by the tribes of Reuben and Gad and part of the tribe of Manasseh; and Moses' message to his successor, Joshua, who will take the people into the Land and lead them in the battles for its conquest: "Fear them not, for the Lord your G-d, He shall fight for you." -Reprinted with permission of Chabad

WEEKLY HALACHA

- 1)What is the earliest time one is allowed to pray Shmoneh Esrey of morning prayer? **A.** Sunrise
- 2)May those who have to be at or leave for work by sunrise pray earlier? **A.** Yes. There are special minyanim for these men only and they may begin as early as dawn.